

FIGURE 3 **Five steps for preparing citizen proposals based on the example of a border region:**
How can we strengthen cooperation?



1 Sharing experiences

What is your experience of your neighbouring region in everyday life? How closely are the regions connected with each other? What do you think the issues/challenges are?



2 Information and discussion with experts

Let's take a look at the facts. What questions do you have for the experts? Which (new) aspects are important for our discussion?



3 Development of ideas

Do we need closer cooperation? Which areas are important for us? What ideas do you have: What could be done to achieve more progress? How could our region help to improve cooperation? What could the EU do? Which of the ideas (1-2) are most important for us collectively in our group?



4 Pinpointing ideas to make proposals

How can these selected idea(s) be formulated? Which aspects are important to us for the proposal? How can the proposal be put into action?



5 Presentation and discussion of the proposals with politicians

What challenges do you envisage for cooperation in the border region? Which topics are important? Which proposals would you like to discuss with the politicians?